

W.S.C

Newsplash

FEB 2005

Ware Swimming Club

SCASA, HASA, RLSS

Fanshawe Pool
Park Road
Ware
Herts

Chairman: Bernard Molloy
Secretary: Anne Edmonds
Club Coach: Stan Vanner
Girls Manager: Mary Brown
Boys Manager: Pete Kelleway

SWIMMER OF THE MONTH: JAN 05

ANNA RUDDOCK



In recognition of hard work, dedication and loyalty to Ware Swimming Club, shown during training and galas.

Your New Committee by Bernard Molloy

At the AGM, held in November, the following were elected as the Ware Swimming Club Committee. At the first meeting after the AGM, I was elected as the Chairman. This is a much larger committee than previously, reflecting the high level of interest in the Club at the moment. Whilst the committee may look unwieldy, it breaks down into sub-committees, allowing us to share the increased workload and to expedite the decision making process.

Ware SC Committee Positions

Chairman	Bernard Molloy
Vice Chairman	Jenny Matthews
Club Secretary	Anne Edmonds
Club Coach	Stan Vanner
Treasurer	Peter Walton
Girls' Manager	Mary Brown
Boys' Manager	Pete Kelleway
Fixtures Secretary	Chris Buck
Membership Sec	Ron Keen
Social Secretary	Richard Pearse
Trophy Secretary	Denese Ross
Girls' Captain	Hannah Brown
Boys' Captain	Lewis Sillitto

Gen Member	Alyson Portch
Gen Member	Kris Pringle
Gen Member	Jill Heraud
Gen Member	Claire Matthews
Gen Member	Sarah Newman
Gen Member	Mike Suckling
Gen Member	Julie Suckling



Bernard Molloy - Chairman

Diary Dates

Major League Gala
Saturday 8th January
U12, U14, U15, Open
Hitchin Pool

Junior Challenge
Saturday 29th January
U10, U11, U12, U14
Fanshawe Pool

Major League Gala
Saturday 5th February
U12, U14, U15, Open
Borehamwood Pool

Wülfrath Exchange
28th March – 2nd April
U12, U14, U16, Open,
Wrinklies!

See Club notice-board for later events.

Hemel Hempstead Open Meet

Richard Molloy, Craig Ross, David Kelleway, Matthew Whiddington, Stephen Pearse, Kim Ross and Lynette Dixon swam in the Hemel Hempstead Swimming Club Open Meet in November.

The swimmers achieved some great results against some of the best swimmers in Herts and Bucks and we finished as the 5th best club overall (all the clubs above us having many more swimmers competing!). Again we showed we have swimmers in the club able to compete at a County standard.

Pete Kelleway



L to R: David Kelleway, Richard Molloy, Craig Ross

Autumn Gala

At the same time as some key swimmers were competing in the Hemel Hempstead Swimming Club Open Meet, we staged our Autumn Gala against Broxbourne, Letchworth and Bushey. We held off a determined challenge from Letchworth to take 1st place. Many swimmers were swimming for the first time or in events they do not usually swim in so this was a fantastic result.

Pete Kelleway & Mary Brown

National Speedo League



We made our debut in the National Speedo League, London Division 2 during 2004. This was a new experience for us and we competed against teams that we had not swum against before. The atmosphere both on poolside and in the audience was fantastic in each of the 3 rounds.

In the first and second rounds we came 6th (out of 8). These were very good results for us considering the teams we were up against. In the third and final round we placed second in the gala – this was enough for us to finish 15th (out of 24) in the league. This exceeded our expectations in our first season. Congratulations to all the swimmers – all swam very well especially those who answered the call to swim at the eleventh hour, to replace those who withdrew at the last moment!

Club Championships



Many new Club records, Championship records and personal bests were achieved in the recent Club Championships. Without doubt it was one of the most successful championships of recent years. Please look at the notice board in Fanshawe to see the swimmers' times. Presentation of the medals and trophies were made at the Club AGM/Presentation evening on Saturday 27th November at Ware Football Club.

We would like to thank our championship sponsors, Keith Ian Estate Agents, for their financial backing and also Ian and Scott for making the presentations.

Pete Kelleway & Mary Brown

New Members

Welcome to Hannah Evans, Rebecca Thane, Manuel and Rachel Wuthrich, James Lloyd, Matthew Pinfold, Matthew Stevenson, Alexandra Clark and Daniel Wolfe who have recently joined the Club.

It is very important that we get new swimmers to enable us to build on the recent success so we are still on the lookout for more swimmers, particularly in the 8-12 age groups. If you have friends who might be interested, please advise any Committee Member so that we may make arrangements for them to come down for a trial.

Championship Photos

Thanks to all those who bought 'magazine' photos at the championships; we raised £75 towards Club funds.

Wine Tasting Competition

Can't tell your Rioja from your Medoc or your Zinfandel from your elbow? Well, come and enjoy a light-hearted look at wine-tasting.

The evening will be quiz based and will include spot prizes and other competitions.

We're looking for teams of four.

7:30pm, Saturday 5th March at Thundridge Village Hall

Tickets: £6 inc ploughman's from Richard Pearse

Donation bar available

All proceeds to Ware SC. Please support your club.

Richard Pearse: 01920 460314 or at poolside

'Swim 21' Application by Anne Edmonds

Swim 21 is the ASA (Amateur Swimming Association) club development model - A planning tool that enables clubs to help swimmers, coaches and administrators achieve their full potential. It is centred on the needs of the swimmers and regarded as the backbone of the ASA's development programme. Swim 21 is a three stage process. First clubs audit their current provision then; based on its findings, an action plan is produced. There are four levels ranging from 'Teaching' to 'Performance' and, as the levels are based on the number of hours of water time the club has per week, Ware SC has produced an action plan for the 'Teaching' level.

Ware SC submitted its action plan in May 2004 and I am pleased to confirm there were very few amendments made by the Regional Officer. Your Committee is currently working on the action plans submitted and, upon completion; the Club can apply to become an 'ASA Swim 21 Accredited Club'.

Swim 21 Accreditation is a "Quality Mark". The criteria for assessment will focus on four development areas: Swimmer Development, Teacher/Coach Development, Club Management and Partnerships. For Ware SC Swim 21 will mean: (1) training for club teachers, coaches and volunteers, (2) free ISTC vouchers for professional development (coaches), (3) a focus and direction for all members of the club, (4) access to the Active Sports programme, (5) assistance in planning for the future, (6) increased promotional opportunities, (7) national recognition that Ware SC is providing a quality service for all members, (8) recognition by Sport England that Ware SC is safe, effective and child friendly.

Swim 21 has taken up a lot of the Committee's time over the past year and on behalf of Jenny Matthews and myself (Swim 21 Liaison Officers), I would like to thank the Committee for the support we have received.

Thank You!

On behalf of the Ware SC Committee, I would like to thank Alison Portch for all the time and effort she has put in over the last five years as Committee Chairman. I am delighted to say that she will be staying on as a member of the Committee and continues to be fully involved in the Club.

Bernard Molloy

.....and finally
Forget Kelly Holmes....Look out for the next edition of Newsplash to read how our own 'Golden Girl' did it again!