



Affiliated to ASA East
Region

HITCHIN OPEN MEET

(Under ASA Laws and ASA Technical Rules)
Level 3 License applied for

Sunday 28th November 2010



PROGRAMME OF EVENTS

SESSION 1 Start 10.00 am

WARM-UP Girls: 9.00am - 9.25am Boys 9.25am – 9.50am

1	GIRLS	11 years and under	100m	INDIVIDUAL MEDLEY
2	BOYS	11 years and under	100m	INDIVIDUAL MEDLEY
3	GIRLS	12+ years	100m	BUTTERFLY
4	BOYS	12+ years	100m	BUTTERFLY
5	GIRLS	11 years and under	50m	FREESTYLE
6	BOYS	11 years and under	50m	FREESTYLE
7	GIRLS	12+ years	100m	BREASTSTROKE
8	BOYS	12+ years	100m	BREASTSTROKE
9	GIRLS	11 years and under	50m	BACKSTROKE
10	BOYS	11 years and under	50m	BACKSTROKE

SESSION 2 Start 2.30pm

WARM-UP Girls 1.30pm - 1.55pm Boys 1.55pm - 2.20pm

11	GIRLS	12+ years	200m	INDIVIDUAL MEDLEY
12	BOYS	12+ years	200m	INDIVIDUAL MEDLEY
13	GIRLS	11 years and under	50m	BUTTERFLY
14	BOYS	11 years and under	50m	BUTTERFLY
15	GIRLS	12+ years	100m	BACKSTROKE
16	BOYS	12+ years	100m	BACKSTROKE
17	GIRLS	11 years and under	50m	BREASTSTROKE
18	BOYS	11 years and under	50m	BREASTSTROKE
19	GIRLS	12+ years	100m	FREESTYLE
20	BOYS	12+ years	100m	FREESTYLE



Affiliated to ASA East
Region

HITCHIN OPEN MEET

(Under ASA Laws and ASA Technical Rules)
Level 3 License applied for

Sunday 28th November 2010



CONDITIONS

1. Competitors must comply with the Conditions set out below. Failure to do so will result in disqualification.
2. The competition will be held under ASA Laws and ASA Technical Rules.
3. Swimmers must be ASA Registered Competitors.
4. Age groups will be 9, 10, 11, 12, 13, 14, 15 and over. Ages shall be taken as at 28th November 2010.
5. All entries should be supported by an entry time. No time = no entry.
6. It is the responsibility of all swimmers/parents and coaches to enter correct times. The Promoter reserves the right to ask for evidence of times submitted.
7. The Promoter reserves the right to return entries if events are over-subscribed based on a first come first served basis. The Promoter reserves the right to close entries earlier if so required.
8. Competitors will be listed on the programme in time order, slowest first.
9. Entries will be by electronic means only. Each club electronic entry should be supported with a manual entry form as a "back-up".
10. Results will be decided on a '**Heat Declared Winner**' basis for all events.
11. The event will be cardless. Swimmers must sign in for each event prior to the commencement of the session warm up.
12. Only under exceptional circumstances, and only with the permission of the Referee, will a swimmer be allowed to swim out of the pre-determined order.
13. Swimmers in event 1 must report to the marshalling area 10 minutes before the start of the session. All other swimmers must report to the marshalling area when requested to by the Announcer.
14. Trophies/Medals will be awarded to the top six in each event. Awards are to be collected from the Trophy table following posting of the results.
15. **No awards** will be presented to swimmers who swim faster than the upper limit acceptance times.
16. A perpetual trophy will be awarded to the visiting club with the highest points total at the end of the Meet. Points will be awarded as follows to the top six of each event, first place - 6 points, second place - 5 points down to sixth place - 1 point. Any swims that are faster than the upper limit acceptance times will not be eligible for points towards the perpetual trophy.
17. Top visiting club will be awarded on most points accumulated.
18. "**Over the Top**" starts will be used at the discretion of the Referee.
19. The decision of the Referee is final.
20. The Promoter reserves the right to refuse admission to any person.
21. Swimmers must wear suitable clothing and footwear on poolside. Swimmers wearing wet clothing are **not** allowed in the spectator seating area.
22. Swimmers must make use of the Changing Room lockers and not bring bags etc on to the poolside.
23. The Promoter cannot accept liability for any losses or damage to property that may occur.



Affiliated to ASA East
Region

HITCHIN OPEN MEET

(Under ASA Laws and ASA Technical Rules)
Level 3 License applied for

Sunday 28th November 2010



24. Spectators: Please note that seating is limited and the Promoter may restrict the number of spectators admitted to the pool hall.
25. Anything not covered in the Meet Conditions will be at the Promoter's discretion.



Affiliated to ASA East
Region

HITCHIN OPEN MEET

(Under ASA Laws and ASA Technical Rules)
Level 3 License applied for

Sunday 28th November 2010



A swim shop will be in attendance at the meet.

A photographer will also be attendance on the day of the meet.

Refreshments will be available throughout the day in the cafeteria.

Glass containers of any kind are not permitted on poolside.

CLOSING DATE FOR ENTRIES: SUNDAY 31ST OCTOBER 2010.

No individual entries accepted – club entries only

Late entries will only be accepted at the discretion of the Promoter

Cheques should be made payable to 'Hitchin Swimming Club'. **One cheque per competing club.**

All entries to:

Yvonne Chivers
34 Greenfield Avenue
Ickleford
Hitchin
Herts
SG5 3XR

Phone: 01462 458288

electronic entry to be e-mailed to:
events@hitchinswimmingclub.co.uk



Affiliated to ASA East
Region

HITCHIN OPEN MEET

(Under ASA Laws and ASA Technical Rules)
Level 3 License applied for

Sunday 28th November 2010



ENTRIES SUMMARY FORM

Club	
Contact Name	
Address	
Post Code	
Telephone No.	
E-mail Address	

Number Of Female Entries @ £4.00		=	£
Number Of Male Entries @ £4.00		=	£
Number Of Coach Passes @ £15.00 Each		=	£
Total Remittance			£

CHEQUES MADE PAYABLE TO "Hitchin Swimming Club"

I certify that the above information is correct (signed):

Club Official (Print name)

All Entries Summary Forms, accompanied by the full entry fees and an e-mail address for confirmation of entry, to be sent to:

Yvonne Chivers
34 Greenfield Avenue, Ickleford, Hitchin, Herts
SG5 3XR
Phone: 01462 458288

electronic entry to be e-mailed to:
events@hitchinswimmingclub.co.uk

www.hitchinswimmingclub.co.uk

Issue 1, May 2010



Affiliated to ASA East
Region

HITCHIN OPEN MEET

(Under ASA Laws and ASA Technical Rules)
Level 3 License applied for

Sunday 28th November 2010



Request for Officials

Hitchin Swimming Club respectfully requests your assistance at their 2010 Open Meet.

Please indicate below the sessions in which you are able to help.

Session 1 - Warm-up 9.00 for 10.00 start			
Session 2 - Warm-up 13.30 for 14.30 start			
Name			
Qualification			
I am willing to help in:-	Session 1		Session 2
Contact Information	Phone: -		
	Address: -		
	E-mail address: -		

Please return this form to:

Kevin Cotton
63 Broom Grove
Knebworth
Herts
SG3 6BZ

kevin.cotton1@ntlworld.com



Affiliated to ASA East Region

HITCHIN OPEN MEET

(Under ASA Laws and ASA Technical Rules)

Level 3 License applied for

Sunday 28th November 2010



ENTRY FORM

CLUB No. of Entries..... @ £4.00 / event TOTAL £

Contact Name & Address No. Coaches Passes (Incl. Food)..... @ £15.00 / pass TOTAL £

..... Telephone TOTAL enclosed £

(please make all cheques payable to : "HITCHIN SWIMMING CLUB")

NAME	Sex M / F	Date Of Birth	ASA REGISTRATION NUMBER	ENTRY TIMES				
				No Entry time = No swim				
				Freestyle 9 – 11yrs 50m, 12+yrs 100m	Backstroke 9 – 11yrs 50m, 12+yrs 100m	Breaststroke 9 – 11yrs 50m, 12+yrs 100m	Butterfly 9 – 11yrs 50m, 12+yrs 100m	IM 9 – 11yrs 100m, 12+yrs 200m

I have read the Promoter's conditions. Signed (CLUB OFFICIAL)

CLUB entries to be received before 31st October 2010. Payment to: Yvonne Chivers, 34 Greenfield Avenue, Ickleford, Hitchin, Herts, SG5 3XR

Email: events@hitchinswimmingclub.co.uk. (Cheques made payable to 'Hitchin Swimming Club').



Affiliated to ASA East Region

HITCHIN OPEN MEET

(Under ASA Laws and ASA Technical Rules)

Level 3 License applied for

Sunday 28th November 2010



Entry is initially on a first come first served basis

GIRLS - No faster than

EVENT	AGE						
	9	10	11	12	13	14	15+
50m Freestyle	36.40	33.00	31.70				
100m Freestyle				1.02.50	1.01.50	1.00.50	59.50
50m Breaststroke	47.60	44.20	41.10				
100m Breaststroke				1.23.90	1.19.00	1.18.50	1.17.00
50m Butterfly	43.10	38.10	35.30				
100m Butterfly				1.13.00	1.10.00	1.08.00	1.07.00
50m Backstroke	43.20	37.50	36.00				
100m Backstroke				1.15.20	1.10.90	1.09.00	1.04.90
100m Individual Medley	1.25.00	1.24.00	1.20.50				
200m Individual Medley				2.52.8	2.46.3	2.42.1	2.39.8

Boys- No faster than

EVENT	AGE						
	9	10	11	12	13	14	15+
50m Freestyle	36.00	30.50	30.00				
100m Freestyle				1.02.00	59.00	57.50	54.00
50m Breaststroke	48.80	42.70	41.40				
100m Breaststroke				1.26.00	1.16.00	1.13.00	1.08.50
50m Butterfly	42.00	34.50	34.00				
100m Butterfly				1.08.50	1.05.00	1.02.90	58.75
50m Backstroke	41.80	36.20	35.50				
100m Backstroke				1.15.80	1.09.00	1.04.80	1.01.00
100m Individual Medley	1.32.00	1.28.00	1.24.50				
200m Individual Medley				2.54.6	2.43.5	2.34.4	2.29.0